

Grand Traverse Ski Club – Fall Camp



2023 Thanksgiving Camp Information Meeting

When: Tuesday, June 7, 2023

Location: Hickory Hills Fire Pit **Time:** 7:30pm-8:30pm

Meeting Agenda

- **Introductions**

- **Why Have a GTSC Camp?**

GTSC is committed to providing more opportunities for our Club skiers! Our Fall camp will include high quality coaching, training experience and team building at an economical price.

- **Fall Camp Details**

- **TIMELINE**

November 18 – Travel to Winter Park

- 7pm – Welcome Meeting

November 19-24 – GS & SL training days

- 3 days GS
- 3 days SL
- Discipline days TBD based on snow/weather conditions

November 23 – Athlete Fun Night

- Fun teambuilding!
- TBD – Options include Tubing, Bowling, Rec Center, etc.

November 25 – Two Options:

- Departure for home; or
- OPTIONAL Add On - ½ Day Training (Not included) \$165/skier

- **DAILY SCHEDULE**

7:00a breakfast

8:00 vans leave for mountain

8:30 load lift and free ski with coaches

9:00 till 11:00 GS/SL lane training

11:30 lunch

12:30p load lift free ski with coaches

1:00 till 3:00 GS/SL lane training

3:00 till lift closes skiing with coaches

4:00 back to lodging

Lane times may change and so may discipline.

5:00 dryland*

6:00 dinner

7:00 video review

8:00 team meeting - immediately following video

Lights out

- **DRYLAND**

This will happen daily around 5:00p, following training. Athletes will be divided into groups by age - younger U's and older U's - for active stretching and recovery.

- **TEAM MEETINGS**

Will review what was worked on that day and the next days schedule. Q&A for parents and skiers with coaches.

○ **COACHING STAFF**

Maintain 6:1 ratio - 6 racers to every 1 coach

Craig Davidson – Head Coach – over 30 years of coaching experience

Dan Culp – Head Coach – nearly 30 years of coaching experience

Abi Ellis – Assistant Coach – former USSS racer and 2 years coaching

Evan Culp – Assistant Coach – former USSS racer and 4 years coaching

Aiden Lewandowski – Assistant Coach – former USSS & current FIS racer, 1 year coaching

Coaches will be assigned based on # of skiers to maintain ratio above.



○ **FULL CAMP** – \$2,100/GTSC Member or \$2,500/non-member

ACCOMODATIONS – INCLUDED ONLY FULL CAMP OPTION

- Full camp registrants will stay in team housing secured by GTSC. Accommodations are within walking/WP Shuttle distance to mountain so skiers can always get back to house and/or hill if needed.
- Each condo will have at least 1-2 coaches and a volunteer parent staying in it.
- Athletes will be assigned either a single bed (no sharing) or a queen bed (share with a friend of choice) for the stay.
- Room assignments will separated be by gender.
- Parents are asked if interested in being a house volunteer when registering and will then be contacted accordingly. THIS IS AN OPTION, but not mandatory. There are only a few spots to fill. Volunteer openings will be filled on a first come, first serve basis.
- Condos will likely be divided by age - however ultimately determined by the # of athletes attending the camp and the gender of attendees in consideration of available rooms, etc.

FOOD*/DRINKS – INCLUDED ONLY FULL CAMP OPTION

- Meals are included for the following dates:
 - Breakfast on November 19 – Breakfast on November 25.
- All meals outside this date/time range are on your own and not included.
- Volunteer house parents will be in charge of:
 - grocery shopping upon arrival (**please advise on any allergies*)
 - preparing all meals
 - serving breakfast and dinner at condo
 - ensuring skiers have lunch at hill or at condo (depends on lane times)
 - campers are expected to clean up the kitchen/etc. after dinner each evening

○ **DAY CAMP** – \$1,800/GTSC Member or \$2,200/non-member

- Does not include accommodations or food/drinks.
- Registrants expected to stay with parents/adults elsewhere near Winter Park.
- Day campers are expected to be present for all dryland, video review and team meetings.

○ **OPTIONAL ADD-ONS** –

- Airport Transfers - \$150/person
 - Must coordinate flight arrival/departure times with GTSC to allow for group transportation. GTSC will either rent vans to transport skiers or utilize group shuttles.
- Winter Park Lift Tickets* - \$360/6 days or \$60/day
 - *Please not there is no guarantee IKON passes will work unless WP open to public
- Nov 25 ½ Day Training - \$165/skier – must have 10 skiers to schedule



- **CAMP PAYMENTS –**
 - 50% due at registration – via credit card on website or VENMO
 - 25% due August 1, 2023
 - All Final Payments due by October 15, 2023
- **GEAR REQUIREMENTS –**
 - Appropriate layers/warmers for the weather and to endure long hours on the mountain.
 - All appropriate GS and SL training gear including, but not limited to: speed suit, helmet, removable chin bar, shin guards, poles, boots, skis, etc.
 - Athletes are expected to travel/bring gear in appropriate ski and boot bags for ease of travel, tracking and taking proper care to protect equipment.
 - Boot/glove dryers can be a lifesaver – portable ones are great for camps!
 - Refillable water bottle.
- **WHAT ELSE TO BRING -**
 - GREAT ATTITUDE!! Show up every day with the intention to become a better ski racer!
 - POSITIVITY - Lift up those around you and be an awesome teammate!
 - FOCUS – This camp is an extraordinary opportunity – use this time to focus and get the most out of this week with coaches! Raise the bar for yourself, and those around you.
 - Anything else you feel would help you have the best experience possible (and can travel with you).
 - Homework is welcome and is a good use of quiet time in the evenings.
 - We encourage athletes to document this journey with a journal. It will be great to reflect on!
- **CRITICAL REGISTRATION DATES & CANCELLATION POLICY –**
 - Critical Registration Dates:
 - August 1, 2023 – GTSC Camp opens up to non-GTSC skiers to register.
 - October 15, 2023 - **Final payment due** for all participants
 - October 16, 2023 - Registrants NOT paid in full have the potential to be dropped from the camp and there is a list of athletes waiting to be admitted into the camp.
 - Cancellation Policy:
 - No refunds will be issued for registered athletes that do not attend.
 - Should a medical situation arise involving a family emergency / doctor's note, please contact GTSC to discuss.
- **INSURANCE AND WAIVER INFORMATION –**
 - Our GTSC coaches will do everything possible to ensure safety is our #1 priority at this camp.
 - However, by participating in this camp, all participants acknowledge that skiing is an inherently dangerous sport. All participants agree GTSC is not responsible for any injury, etc. that may occur while in attendance.
 - All participants are required to acknowledge the GTSC Waiver when registering for the camp.
 - As the camp date gets closer, all registered campers will be required to complete the Winter Park Resort waiver to participate.
 - It is recommended and expected that all participants are covered by their own insurance policy should any injury/emergency occur. GTSC does not offer, nor cover, participants.
- **Questions?**

THANK YOU for your interest in our first ever GTSC FALL THANKSGIVING CAMP!